



Park [life]

WELCOME TO PARK!

Whoever you are; wherever you're from; we welcome you at Park in the name of Jesus!

You'll probably notice our Sunday services are more informal than you might expect, so feel free to participate in as much or as little as you feel comfortable with.

Services typically involve a mixture of singing, prayers, Bible-centred teaching and sharing. As part of our worship an offering will be taken during the service, which supports the work of the church.

After the service tea, coffee and biscuits will be served downstairs in the hall. You are welcome to join us for those too.

October services @ Park

Sunday 1st	Rev. Peter Timothy Harvest Service
Saturday 7th	Rev. Jorge Damasceno Portuguese Service
Sunday 8th	Rev. Peter Timothy Gifts of the Spirit: Healing
Saturday 14th	Rev. Jorge Damasceno Portuguese Service
Sunday 15th	Rev. Peter Timothy Gifts of the Spirit: Miracles
Saturday 21st	Rev. Jorge Damasceno Portuguese Service
Sunday 22nd	Ivan Pegg Gifts of the Spirit: Discernment
Saturday 28th	Rev. Jorge Damasceno Portuguese Service
Sunday 29th	Rev. Peter Timothy Gifts of the Spirit: Prophecy



Rev. Peter Timothy
Minister
Day off: Monday
peter@parkbaptist.church



Rev. Jorge Damasceno
Minister
Days off: Monday & Thursday
jorge@parkbaptist.church

Soul Sisters

Our next meeting for our new women's group will be a bring and share lunch on Saturday 14th October, 12.30 at church. Ladies only - sorry gents!

Prayer Meetings

We continue to meet every Thursday evening at 7.30 for a time of prayer. Please come and join us as we commit our church and our town before God.

Joint Baptist Service

We will be hosting a joint service for the baptist churches in our area on Sunday 8th October, 6.30pm. Our new Regional Minister, Beth Powney, will be preaching so please make every effort to attend.

Church Members Meeting AGM Reports

Our next church members meeting is our Annual General Meeting and takes place on Wednesday 22nd November. If you are required to submit a report for the group you lead please do so by October 22nd to Maxine or Peter.

After School Club

We will not be meeting during half term week (Tuesday 24th October).

Peter Annual Leave

Peter is away from October 16th-28th so there will be no Tuesday morning drop-in hours on the 17th or 24th.

Community Outreach

Following the success of our outreach day with Chris Duffett in August, we will be going out into our community to share God's love on **Saturday 7th October, 10-12noon**. We will meet in church first to pray. All are welcome.

On Facebook?

Then head over to our Park Baptist Church page and give us a 'like'! We also have a church family closed group to share prayer requests. Speak to Peter if you'd like to join this.

The Living Room

This year our night shelter for the homeless runs from December-March, and will be hosted by Kings Church on Fridays, Minster Mission on Saturdays, and by us at Park on Sundays.

Last year Nick and Lester volunteered, so feel free to speak to them if you have questions. Lots more volunteers are needed, particularly men, and training will be given on Saturday 4th November. If interested please email Anna Heydon:

anna.heydon@togethernorfolk.org.uk

5 FIVES

5 prayer points
5 minutes to pray each week

1

For 'Soul Sisters' as they meet again on the 14th; that this new group would be a huge blessing to the women of our church.

2

For GYBee&Bee who meet for their AGM this month and are in need of new volunteers.

3

For our CAP clients and Pat, our CAP centre manager and for their next social event on Friday 27th.

4

For the other Baptist churches in our area after we all meet together for a service on the 8th.

5

For Robin and June as he completes his treatment at the N&N and as they prepare to move house.

Soul Sisters

Denise Jackson shares the vision and thinking behind a new group at Park designed to provide mutual support and discipleship for ladies in the church



Last month 20 ladies from our Church met at Sandra's for a time of sharing and fellowship.

We were treated to a delicious lunch served by Emily and her friend and were able to chat to each other in a relaxed atmosphere, away from the hustle and bustle of every day life!

Sandra also shared an article she had found by Julia Bettencourt which has inspired us to make such meetings a regular event.

The article started with a quote from 1 Samuel 18:1:

"And it came to pass, when he made an end of speaking unto Saul, that **the soul of Jonathan was knit with the soul of David**, and Jonathan loved him as his own soul."

We want the relationships between us as Christian women to develop into loving, encouraging and deep friendships, that we might emulate David and Jonathan in being good for each others' souls, through our shared love and faith in Christ.

Julia's article introduced the idea of 'Soul Sisters'; ladies bound together by Christ, who choose to encourage and motivate one another through life.

There are those who have a wonderful sense of humour and bring laughter to our lives just by being **Silly**.

Then there are those that **Inspire** us to do better, to get involved and to believe in ourselves.

Others model great **Strength** despite the struggles and challenges they have experienced.

We love to **Talk**, to share and to enable others to cope with whatever life throws at them.

Then there are those women who are gifted at spotting when someone is down and lift our spirits through **Encouragement**.

Because we shared a love of Christ we can be sure that these friends are **Real**; grounded women who want the best for each other.



Stuffing your face: Optional!

And finally as Christians, all these women have been **Saved** and know the Lord. **S-I-S-T-E-R-S!**

Our next meeting is a 'Bring and Share' lunch at the Church on Saturday 14th October at 12.30pm.

So if you're a woman who wants to grow in her faith and develop closer friendships with other believers then we'd love for you to join us.

Cooking Club

Last month we started a new after school club, designed to teach children how to cook nutritious meals on a budget and provide a safe space where they can chat about issues and pray together.

At the time of writing we have met twice, making a stir fry one week and healthy homemade chicken nuggets with a tasty salad. The feedback has been hugely positive, and some have discovered new (healthy) things that they like to eat!

We are partnering with Unite and have had two youngsters join us who were previously meeting weekly with Ali Roberts.

We would value your prayers as this develops, that relationships would grow and that the children's confidence in the power of prayer would increase.

